Overview

The electric industry has experienced rapid technological and regulatory change.

Environmental goals are resulting in large deployments of intermittent resources and increasing the need for grid operation and regional coordination. Leaders are compelled to do more and to creatively manage unprecedented change.

This seminar will invite industry leaders to pause and reflect more deeply on the learning journey as leaders, and to explore the frontiers of learning and personal development necessary...
to add new dimensions to our personal and organizational capacity in these times of radical change. This session will blend insights, principles, practices, case studies, data, and potent examples of extraordinary success that invite leaders to consider new possibilities in their work lives and relationships.

**Target Audience: Leaders throughout the Electric Utility Industry, Including Regulators and Policy Makers, System Operators, Market Participants, and Utilities**

Leaders at all levels of organizations would benefit from this exploratory session.

**Areas of Focus**

- Affirm the key role of executive presence, intention, and mastery of attention in success at work and your well-being
- Gain insights necessary to live and work with a greater sense of dynamic balance
- Be more aware of how the dynamics of change are affecting other stakeholders in your life and work
- Better understand how you can support and inspire others in times of change
- Develop greater capacity for the “change resilience” of leaders, teams, and organizations
- Develop skills and insights necessary for bringing a deeper wisdom to work
- Manage your Performance Zone to optimize performance in the midst of change
- Enhance new expressions of creativity and entrepreneurial spirit
- Integrate insights from the neurobiology of leadership and mind science research to promote greater mind fitness, confidence, and skillfulness in your life and work
- Expand individual and collective mindfulness, while reducing the mindless behaviors that lead to mistakes, confusion, miscommunications, workplace dangers, toxic behavior, rework, and inefficiency
- Enhance ability to develop healthy, high-performing organizations and collaborative teams
- Affirm your highest potentials, most heartfelt values, and personal mastery of leadership
- Seamlessly integrate your work in the world with your inner work
Course Description

The Leveys and Resero are pleased to offer the Wisdom at Work insights and methods to the electric industry, beginning in this inaugural workshop.

Learning to thrive—not just survive—in the midst of pressure and change is an evolutionary art known and practiced by men and women who are high-performing and resilient leaders. As leaders in turbulent times, it is essential to complement our education in the outer disciplines of business and technology with inner disciplines and technologies—those necessary to increase our ability to bring a deeper wisdom to our work and to the organizations and communities that we serve. The ever-increasing complexity and intensity of this era challenge us as leaders to develop our inner human resources and raise our “resilience quotient.” For leaders truly committed to living and working at higher levels of effectiveness and sustainability in challenging times, having a deep understanding of the principles and disciplines of high performance is essential.

In this workshop, participants will be introduced to an integral and multidisciplinary approach designed to inspire and inform a new generation of business leaders seeking to develop their capacity to respond to myriad changes, challenges, and opportunities. This course will introduce leaders to theories, principles, and disciplines they can use to develop themselves while working under pressure, and to become inspired examples for all who look to them as leaders.

Drawing insights and inspirations from leading-edge business leadership development programs from around the globe, from scientific research on advanced human performance, and from the treasury of ancient traditions, this course honors the deep roots of wisdom traditions and teachings. These lessons have sustained our cultures for thousands of years, and this workshop affirms and illuminates their relevance to today’s leaders.

The instructors, Dr. Joel and Michelle Levey, draw inspiration and examples from a combined four decades of intensive work with business and organizational leaders in many fields and industries. Their clients have included leaders of Google, the World Bank, NASA, the Special Forces, British Parliament, Olympic and world-class athletes, Hewlett Packard, Intel, Sun, Boeing, SRI, MIT, ATL-Philips, Weyerhaueser, and Intuit, as well as the leaders of other prominent and high-tech organizations around the globe. The Leveys offer insights distilled from their work directing clinical programs at Group Health Cooperative of Puget Sound and Children’s Medical Center, from their extensive psychophysiological research on high-level human performance, and from their in-depth study with many of the world’s most respected leaders and teachers of rigorous performance-enhancement disciplines.

Resero’s staff brings its multidisciplinary skills, work on wisdom and leadership, and deep industry understanding to make this workshop highly relevant to participants from throughout the electric utility industry.
Course Logistics

This workshop will take place on the afternoon of November 4, 2–5 p.m., and November 5, 9–5 p.m. It will be held in the comfort the Granite Bay Golf Club, located east of Sacramento.

Lunch will be served on November 4, and beverages and snacks will be served throughout the sessions. Learning activities will include dialogue, small group exercises, reflective learning, mindfulness exercises, and attention mastery practices.

The cost of workshop is $645 per person, with a 20% discount offered for three or more registrants from an organization. The registration cost will include lunch and refreshment breaks, a copy of the Leveys’ recent edition of Living Balance, and a web-based follow up session on November 17.

Register here or contact Ellen Wolfe (916 791-4533, or ewolfe@resero.com) for more information.